

## **Advert: DLW Wellbeing Coach**

The Derbyshire Federation for Mental Health (DFMH) is a charity supporting individuals living with or recovering from mental ill health. We are looking to recruit the following position in the Derbyshire Dales area of Derbyshire – based at our Matlock office.

### **Derbyshire Living Well Wellbeing Coach**

Derbyshire Living Well is a multi-agency community mental health model currently being adopted in Derbyshire and Derby city. As a wellbeing coach, you will be part of the VCSE (voluntary, community and social enterprise) workforce embedded within the Living Well team. You will be working alongside NHS and Adult Social Care staff in a multiagency team. You can find out more about the Living Well Derbyshire at [www.livingwellderbyshire.org.uk](http://www.livingwellderbyshire.org.uk)

As a wellbeing coach you will apply coaching principles to support people to identify goals, overcome social problems, build skills, and develop self-care and wellbeing strategies. You will manage a caseload of individuals with mental health needs and provide coaching support to them on a 1:1 or group basis. Full training for the role will be provided.

**Salary:** £21,658.00 per year Full Time Equivalent (35 hours per week) plus 3% pension contribution.

**Contract:** Permanent

**Hours:** 35 hours per week.. Team working hours are between 9am to 5pm Monday to Friday. We advocate a positive work life balance and provide a flexible working environment.

### **Am I right for the role?**

If you can answer 'yes' to these three questions, then please apply:

- Do you have experience working with individuals with mental health needs - including serious mental illness?
- Do you genuinely care about making a difference through coaching principles and are you motivated to improve mental health outcomes for people?
- The role will require travel across the Dales and High Peak area of Derbyshire. Do you have access to a car for work purposes, and hold a full driving licence?

### **How to apply**

Application is via the indeed website by the completion of a CV along with a supporting statement (no more than 2 pages of A4), outlining your suitability for the post as outlined in the Person Specification. If you would like to have an informal discussion about this position, please ring Tim Westwood on 01629 733915.

We recommend applicants refer to the full Job Description and Person Specification, which can be obtained from Louise Marriott on 01629 733915, or on our website at [www.dfmh.co.uk/work-with-us](http://www.dfmh.co.uk/work-with-us). Those who do not adequately demonstrate how they fulfil the criteria required at application stage, will not be considered for interview.

This post is subject to a criminal record check with the disclosure and barring service.