

Job description

Wellbeing Worker: Young Adult Service

The Derbyshire Federation for Mental Health (DFMH) is a charity supporting individuals living with or recovering from mental ill health.

We are looking for an inspirational individual to join us as a Wellbeing Worker for our innovative Young Adult Service. The postholder will work across the Chesterfield area of Derbyshire.

Salary: In accordance with the pay structure; currently £12.25per hour (plus 3% pension contribution) - Salary is under review, in line with the minimum wage increase in April.

Hours: 20 hrs per week. Working hours to be between 8am and 6pm Monday to Friday. Occasional evening and weekend work may be required

Contract: Permanent

The Young Adult Service supports the transition of young adults from Children and Young People's Mental Health Services (CAMHS) and Adult Mental Health Services (AMHS), into a social and community model of support.

The service launched as a pilot in 2023, commissioned by Derbyshire Integrated Care Board. Initially operating in the Chesterfield area of Derbyshire, the service expanded into other areas of Derbyshire, and from December 2024 YAS has extended into Derby City.

Working closely with CAMHS and AMHS, the service supports and enables young people to transition from statutory services; building on and developing their existing skills whilst supporting them to develop robust resilience and self-care skills. We use a non-clinical, evidence-based approach to equip young people for life outside statutory service support.

The post holder will:

- Work with young people and/or young adults with complex mental health needs
- support young adults through the difficult transition of discharge from CAMHS and other statutory service provision
- engage with young people to develop resilience strategies through the use of evidence based techniques; to aid their ability to strengthen & maintain positive wellbeing
- adopt a person-centred approach: putting the young person at the heart of their own support

You must have substantial experience of working with young people including those living with or recovering from mental ill health. The role is delivering evidence based, early intervention, targeted support within a designated region of Derbyshire and/or Derby and experience of this work is essential.

You will have experience of engaging young people and have a clear understanding of resilience strategies and the use of evidence based techniques to aid young people to strengthen their ability to maintain positive wellbeing.

You will have a passion for working with young people, and will be reliable and flexible. You will be confident, have excellent communication skills, and be able to provide our clients with support and encouragement.

Full driving licence and use of a car is essential for this position.

We advocate a positive work/life balance and provide a flexible working environment.

How to apply

We are interested in how you feel you are a good fit for the post as outlined in the Person Specification and Job Description. Application is by the Indeed Website by completion of an up to date CV and covering letter.

Supporting documents are available on our website at www.dfmh.co.uk/work-with-us , by emailing hr@dfmh.co.uk or by request from Louise Marriott on 01629 733915.

If you would like an informal discussion about this position, please ring Andrea Lyons on 01629 733915/ 07508770843.

This post is subject to an enhanced criminal records check with the disclosure and barring service.